



UFE Uprising 2022 Results
April 30th Novice & Open Show
Detroit, Michigan

Overall winner **
Elite Eligible #

BIKINI
Novice

RANK	COMPETITOR NAME	SCORE
1	Courtney Kappheim	21.3
2	Vanessa Travis	20.8
3	Sarah Myszak	20.7
4	Erica Heard	20.6

Open

RANK	COMPETITOR NAME	SCORE
1	Courtney Kappheim	21.3
2	Stephanie Nocita	21.0
3	Vanessa Travis	20.8
4	Sarah Myszak	20.7
5	Erica Heard	20.6
6	Liz Nyquist	20.3

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Masters 35+

RANK	COMPETITOR NAME	SCORE
1	Vanessa Travis	20.8

#

Masters 45+

RANK	COMPETITOR NAME	SCORE
1	Liz Nyquist	20.3
2	Lyn Horvat	15.0

#

** Top 3 from Open division, top 3 from Masters division are ELITE Qualified

FITNESS

Open

RANK	COMPETITOR NAME	SCORE
1	Jacqueline Shields	34.3
2	Virginia Yost	31.0
3	Vanessa Travis	30.8
4	Tracy Carveth	27.7

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Masters 35+

RANK	COMPETITOR NAME	SCORE
1	Jacqueline Shields	34.3
2	Virginia Yost	31.0

#

#

Masters 45+

RANK	COMPETITOR NAME	SCORE
1	Tracy Carveth	27.7

#

** Top 3 from Open division, top 3 from Masters division are ELITE Qualified

FIGURE

Masters 35+

RANK	COMPETITOR NAME	SCORE
1	Jacqueline Shields	35.3

#

** Top 3 from Open division, top 3 from Masters division are ELITE Qualified

GLAMOUR

Open Class

RANK	COMPETITOR NAME	SCORE
1	Erica Heard	33.9
2	Virginia Yost	33.5

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**Top 3 from Open qualify for ELITE

FITNESS MODEL - WOMEN

Open

RANK	COMPETITOR NAME	SCORE
1	Erica Heard	34.3
2	Liz Nyquist	31.3

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Masters 45+

RANK	COMPETITOR NAME	SCORE
1	Liz Nyquist	31.3

#

** Top 3 from Open division, top 3 from Masters division are ELITE Qualified

WELLNESS

Open

RANK	COMPETITOR NAME	SCORE
1	Virginia Yost	20.7
2	Tracy Carveth	17.2

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Masters 35+

RANK	COMPETITOR NAME	SCORE
1	Virginia Yost	20.7

#

Masters 45+

RANK	COMPETITOR NAME	SCORE
1	Tracy Carveth	17.2

#

** Top 3 from Open division, top 3 from Masters division are ELITE Qualified

MEN'S PHYSIQUE

Novice

RANK	COMPETITOR NAME	SCORE
1	Alan Cain	28.8

Open

RANK	COMPETITOR NAME	SCORE
1	Alan Cain	28.8

**

** Top 3 from Open division, top 3 from Masters division are ELITE Qualified

CLASSIC PHYSIQUE

Novice

RANK	COMPETITOR NAME	SCORE
1	Alex Wagner	38.7
2	AJ Gray	36.3

Open

RANK	COMPETITOR NAME	SCORE
1	Alex Wagner	38.7

**

** Top 3 from Open division, top 3 from Masters division are ELITE Qualified

BODYBUILDING

Novice

RANK	COMPETITOR NAME	SCORE
1	Alex Wagner	31.8

Open - Lightweight

RANK	COMPETITOR NAME	SCORE
1	Alex Wagner	31.8

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TRANSFORMATION - WOMEN

RANK	COMPETITOR NAME	SCORE
1	Lyn Horvat	39.0

TRANSFORMATION - MEN

RANK	COMPETITOR NAME	SCORE
1	Alan Cain	42.0